



# Goal 3: Good Health and Well-Being

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# Overview

Maternal Mortality

Child Mortality

Disease

Substance and Tobacco Use

Road Traffic Accidents

Family Planning

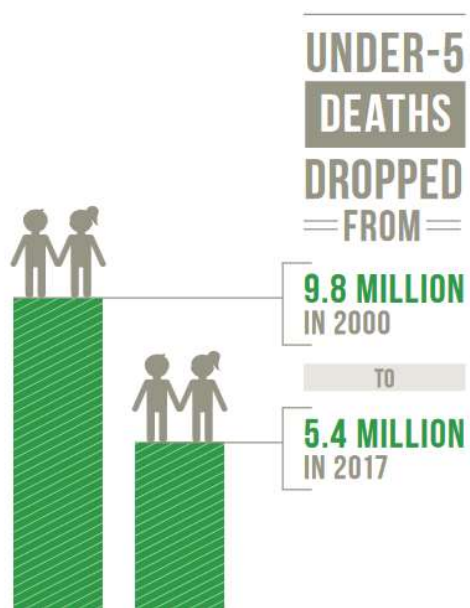
Vaccines and Medicine

Air, Water, and Soil Pollution

Health Worker Employment



## Child Health



### Location

4 out of 5 deaths of children under age 5 occur in Sub-Saharan Africa and Southern Asia

### Poverty

Children born into poverty are almost twice as likely to die before age 5

### Mothers

Children of mothers with any education are more likely to survive than children of mothers with no education

<https://www.un.org/sustainabledevelopment/health/>



# Maternal Health

## Mortality Proportion

The proportion of mothers that do not survive childbirth in developing regions is 14 times higher than in developed regions

## Health Care

Only half of women in developing regions receive the recommended amount of health care they need

## Improvement

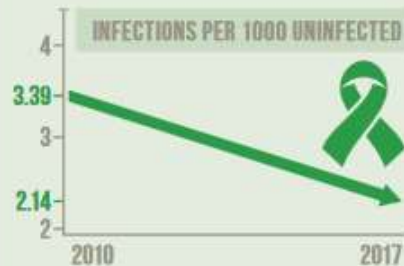
Maternal mortality has fallen by 37% since 2000

<https://www.un.org/sustainabledevelopment/health/>



# HIV/AIDS, Malaria and Other Diseases

THE INCIDENCE OF **HIV**  
AMONG ADULTS  
15–49 YEARS OLD IN  
SUB-SAHARAN AFRICA  
DECLINED BY **37%**  
BETWEEN 2010 AND 2017



## HIV

77.3 million people have become infected with HIV since the start of the epidemic.

## Mortality

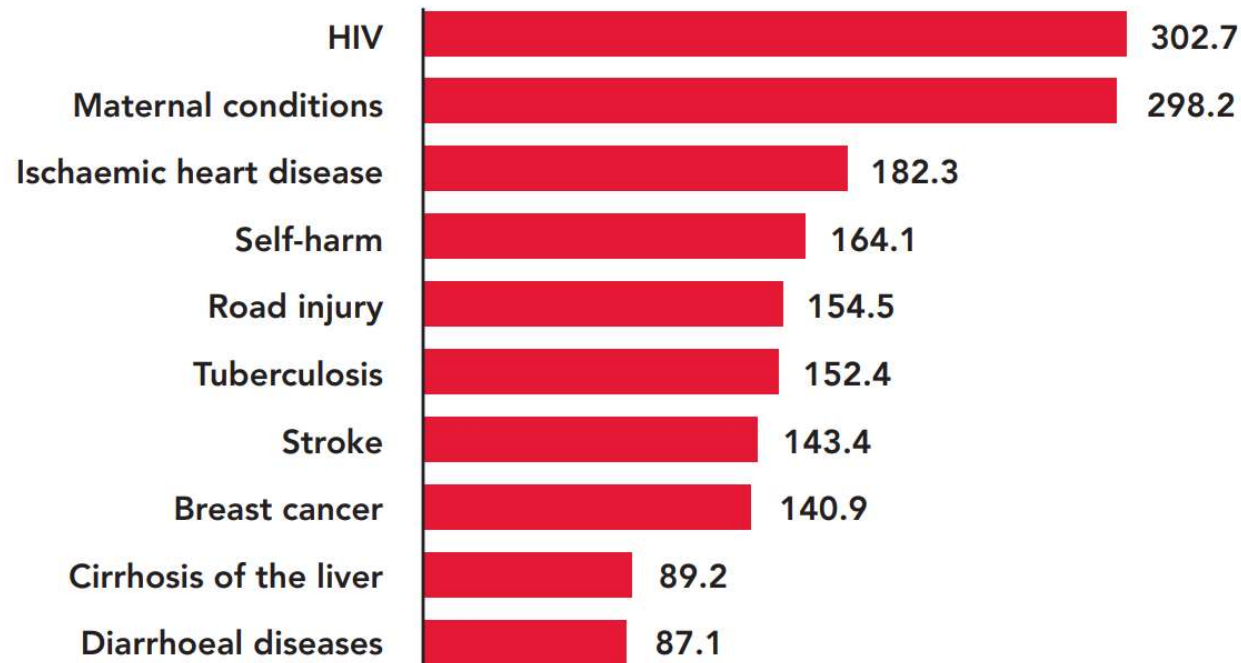
35.4 million people have died from AIDS-related illnesses since the start of the epidemic

## Malaria

Over 6.2 million malaria deaths have been averted between 2000 and 2015, primarily of children under five years of age in sub-Saharan Africa. The global incidence rate has fallen by an estimated 37 per cent and the mortality rates by 58 per cent.

<https://www.un.org/sustainabledevelopment/health/>

## AIDS-related illnesses are the leading cause of death among 15–49-year-old females globally (hundred thousands)



[https://www.unaids.org/sites/default/files/media\\_asset/2019\\_women-and-hiv\\_en.pdf](https://www.unaids.org/sites/default/files/media_asset/2019_women-and-hiv_en.pdf)

Great document for visuals and shocking facts relating to women and AIDS

Source: Global health estimates 2016: deaths by cause, age, sex, by country and by region, 2000–2016. Geneva, World Health Organization; 2018.



## 3.1

### Target

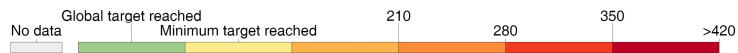
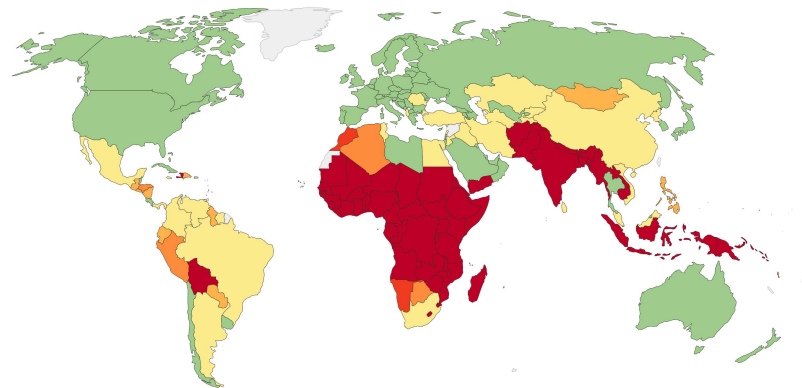
- By 2030, reduce the **global maternal mortality** ratio to less than 70 per 100,000 live births

### Indicators

- Maternal mortality ratio
- Proportion of births attended by skilled health personnel

## Maternal mortality ratio, 1990

Maternal mortality ratio is the number of women who die from pregnancy-related causes while pregnant or within 42 days of pregnancy termination per 100,000 live births. SDG Target 3.1 is to reduce global maternal deaths to less than 70 per 100,000 live births and all countries less than 140 per 100,000 live births.

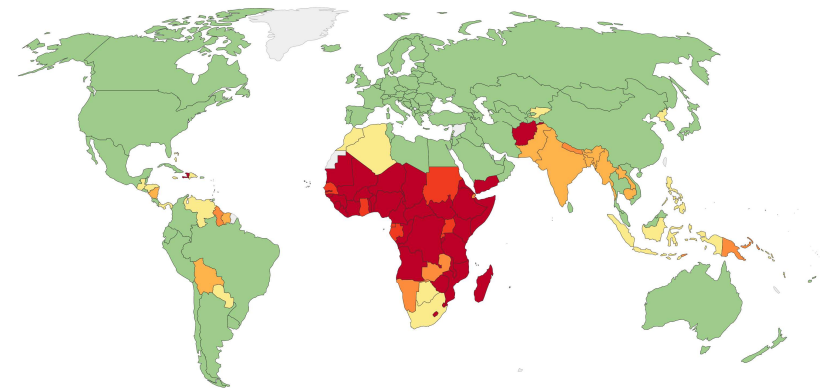


Source: World Bank

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## Maternal mortality ratio, 2015

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Source: World Bank

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- Decrease from **385** of 100,000 women died because of childbirth in 1990 to **216** in 2015
  - key performance indicator for efforts to improve the health and safety of mothers before, during, and after childbirth
- Improvements in Asia, South America, and a little in Africa with more health coverage and access





## 3.2

### Target

- By 2030, **end preventable deaths of newborns and children** under 5 years of age, with all countries aiming to reduce neonatal mortality to at least as low as 12 per 1,000 live births and under-5 mortality to at least as low as 25 per 1,000 live births

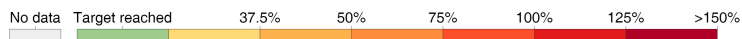
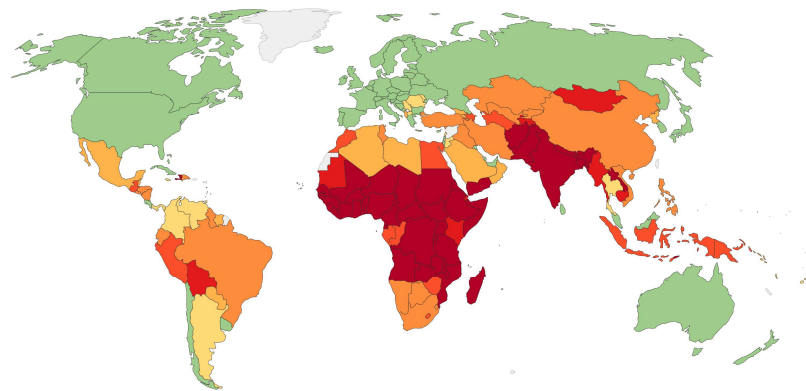
### Indicators

- Under-five mortality rate
- Neonatal mortality rate

<https://sustainabledevelopment.un.org/sdg3>

## Child mortality rate, 1990

Under-five mortality rate is the probability per 1,000 that a newborn baby will die before reaching age five, if subject to age-specific mortality rates of the specified year. SDG Target 3.2 is to reduce child mortality to at least as low as 25 per 1,000 live births by 2030.

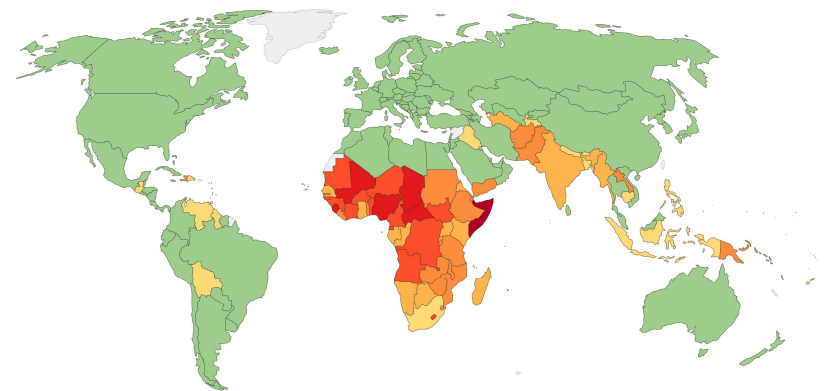


Source: UN Inter-agency Group for Child Mortality Estimation

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## Child mortality rate, 2017

Under-five mortality rate is the probability per 1,000 that a newborn baby will die before reaching age five, if subject to age-specific mortality rates of the specified year. SDG Target 3.2 is to reduce child mortality to at least as low as 25 per 1,000 live births by 2030.



Source: UN Inter-agency Group for Child Mortality Estimation

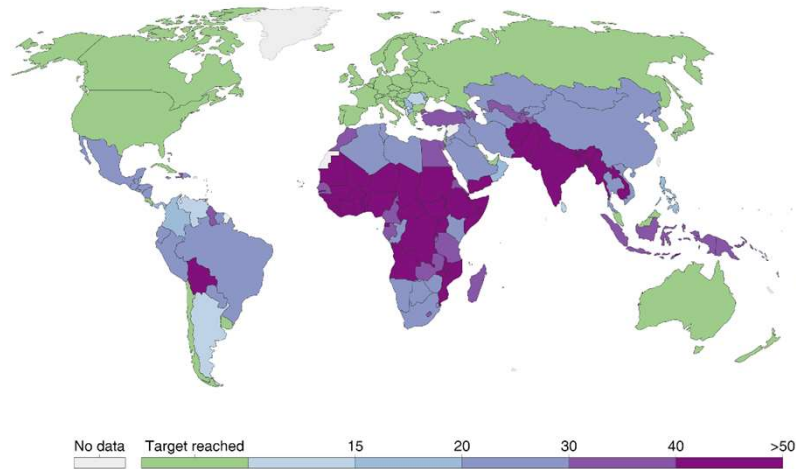
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- In 1990, world rate for probability of death per 1000 was 93.3, and in 2017 was 39.10
  - Nearly half of these are in newborns and could have been prevented with simple, affordable interventions
- Goal is 25

<https://www.who.int/news-room/fact-sheets/detail/children-reducing-mortality>

## Neonatal mortality rate, 1990

Neonatal mortality rate is the number of neonates dying before reaching 28 days of age, per 1,000 live births in a given year. SDG Target 3.2 is to reduce neonatal mortality rates to at least as low as 12 per 1,000 live births by 2030.

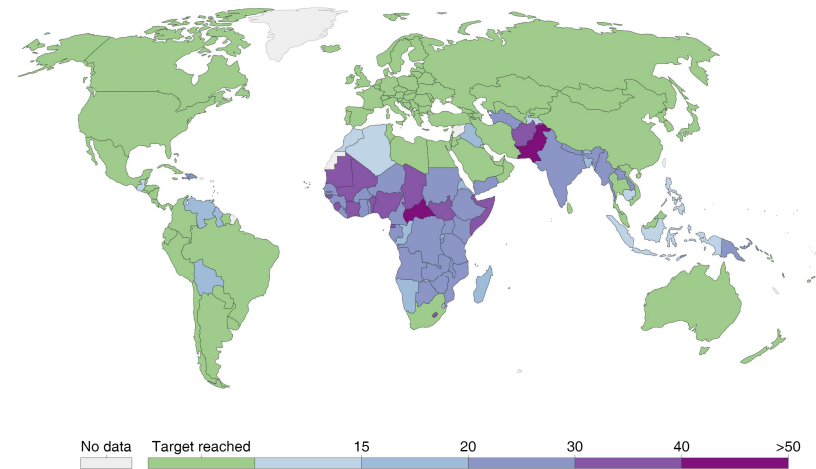


Source: World Bank

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Source: World Bank

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- For world in 1990 the neonatal mortality rate was 36.6 and in 2017 was 18
  - Taken with previous slide:
    - 1990: 93 overall with 36.6 neonatal
    - 2017: 39 overall with 18 neonatal
- Goal is 12



## 3.3

### Target

- By 2030, **end the epidemics** of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water-borne diseases and other communicable diseases

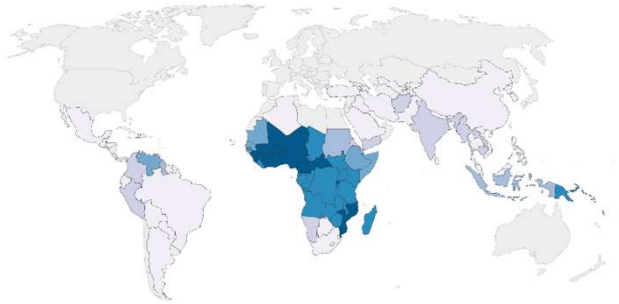
### Indicators

- Number of new **HIV** infections per 1,000 uninfected population, by sex, age and key populations
- **Tuberculosis** incidence per 1,000 population
- **Malaria** incidence per 1,000 population
- **Hepatitis B** incidence per 100,000 population
- Number of people requiring interventions against **neglected tropical diseases**

<https://sustainabledevelopment.un.org/sdg3>

### Malaria incidence (per 1,000 population at risk), 2015

Incidence of malaria is the number of new cases of malaria in a year per 1,000 population at risk. SDG Target 3.3 is to end the epidemic of malaria.

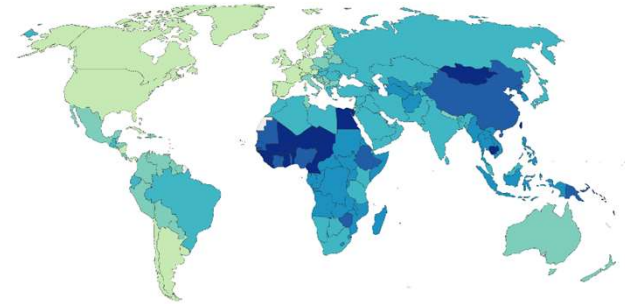


Source: World Bank

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### Hepatitis B incidence rate, 2015

Incidence of hepatitis B, measured as the number of new cases of hepatitis B per 100,000 individuals in a given population. SDG Target 3.3 is to combat hepatitis by 2030.



Source: IHME, Global Burden of Disease

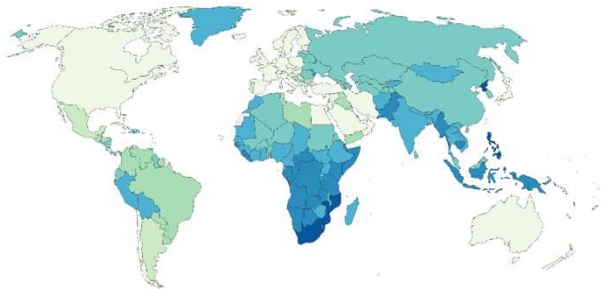
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Vaccine at birth to prevent

Drug Treatment to cure

### Tuberculosis incidence (per 100,000 people), 2015

Incidence of tuberculosis is the estimated number of new and relapse tuberculosis cases arising in a given year, expressed as the rate per 100,000 population. All forms of TB are included, including cases in people living with HIV.

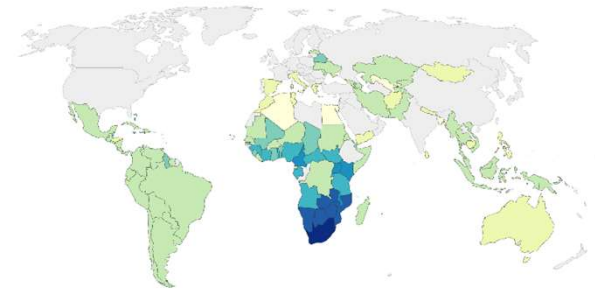


Source: World Bank

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### Incidence of HIV per 1,000 uninfected adults, 2015

Number of new HIV infections among uninfected populations ages 15-49 expressed per 1,000 uninfected population in the year before the period.



Source: UNAIDS

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Antiretroviral therapy To live longer No cure or vaccine

Vaccine in targeted locations to prevent



## 3.4

### Target

- By 2030, **reduce by one third premature mortality from non-communicable diseases** through prevention and treatment and promote mental health and well-being

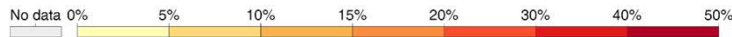
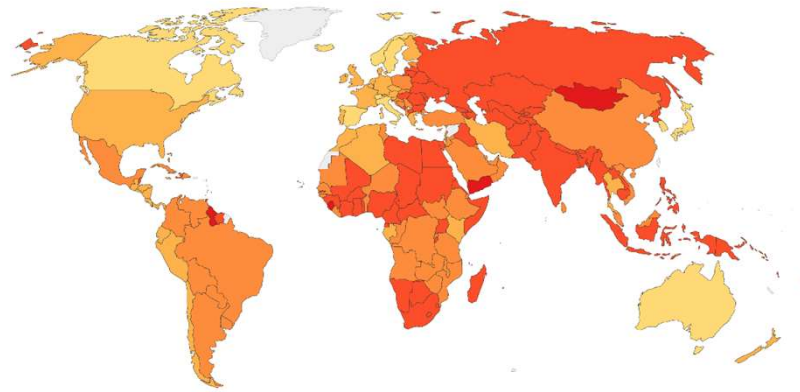
### Indicators

- Mortality rate attributed to **cardiovascular disease, cancer, diabetes or chronic respiratory disease**
- **Suicide** mortality rate

<https://sustainabledevelopment.un.org/sdg3>

## Mortality from non-communicable diseases, 2016

Mortality from CVD, cancer, diabetes or CRD is the percent of 30-year-old-people who would die before their 70th birthday from any of cardiovascular disease, cancer, diabetes, or chronic respiratory disease, assuming that s/he would experience current mortality rates at every age and s/he would not die from any other cause of death (e.g., injuries or HIV/AIDS).

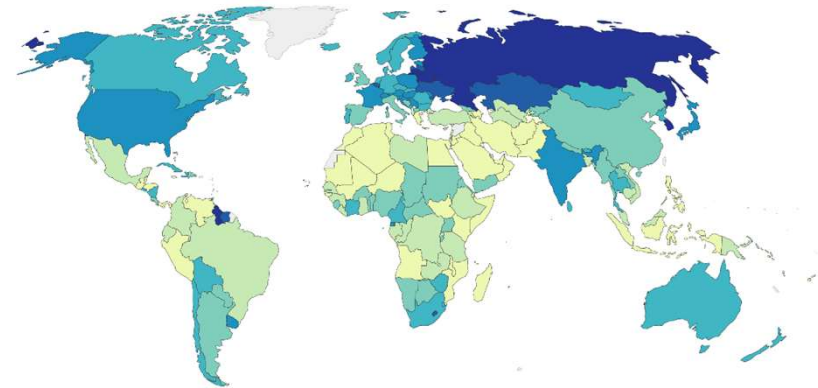


Source: World Bank

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## Suicide death rates, 2016

Suicide mortality rate is the number of suicide deaths in a year per 100,000 population.



Source: World Bank

OurWorldInData.org/suicide/ • CC BY

- People to die before 70 of cardiovascular disease, cancer, or diabetes, chronic respiratory disease
- Dispersed in comparison to other risks

- Suicides per 100,000
- World rate is 10.63
- Higher in developed nations generally



## 3.5

### Target

- Strengthen the **prevention and treatment of substance abuse**, including narcotic drug abuse and harmful use of alcohol

### Indicators

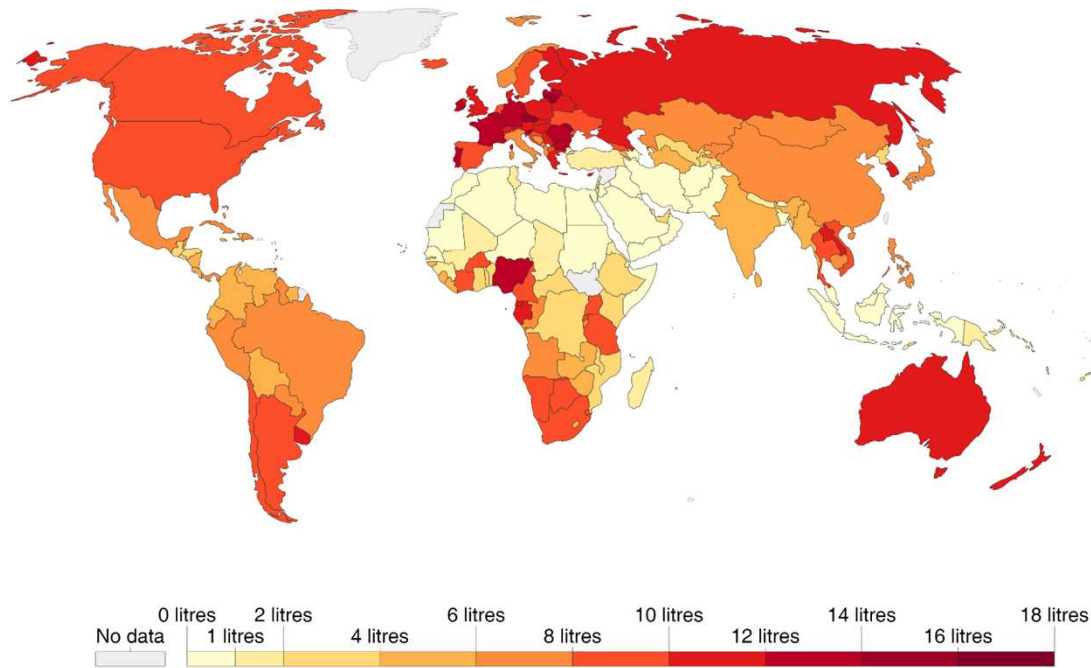
- **Coverage of treatment** interventions (pharmacological, psychosocial and rehabilitation and aftercare services) for substance use disorders
- **Harmful use of alcohol**, defined according to the national context as alcohol per capita consumption (aged 15 years and older) within a calendar year in litres of pure alcohol



## Alcohol consumption per person, 2016

Consumption of alcohol is measured in litres of pure alcohol per person aged 15 or older.

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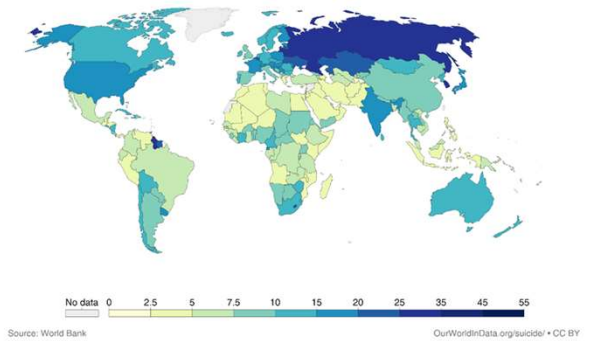
Source: World Bank

- More associated with suicide than any other measure
- Also developed nations

## Suicide death rates, 2016

Suicide mortality rate is the number of suicide deaths in a year per 100,000 population.

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in Data



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## 3.6

### Target

- By **2020**, **halve** the number of global deaths and injuries from **road traffic accidents**

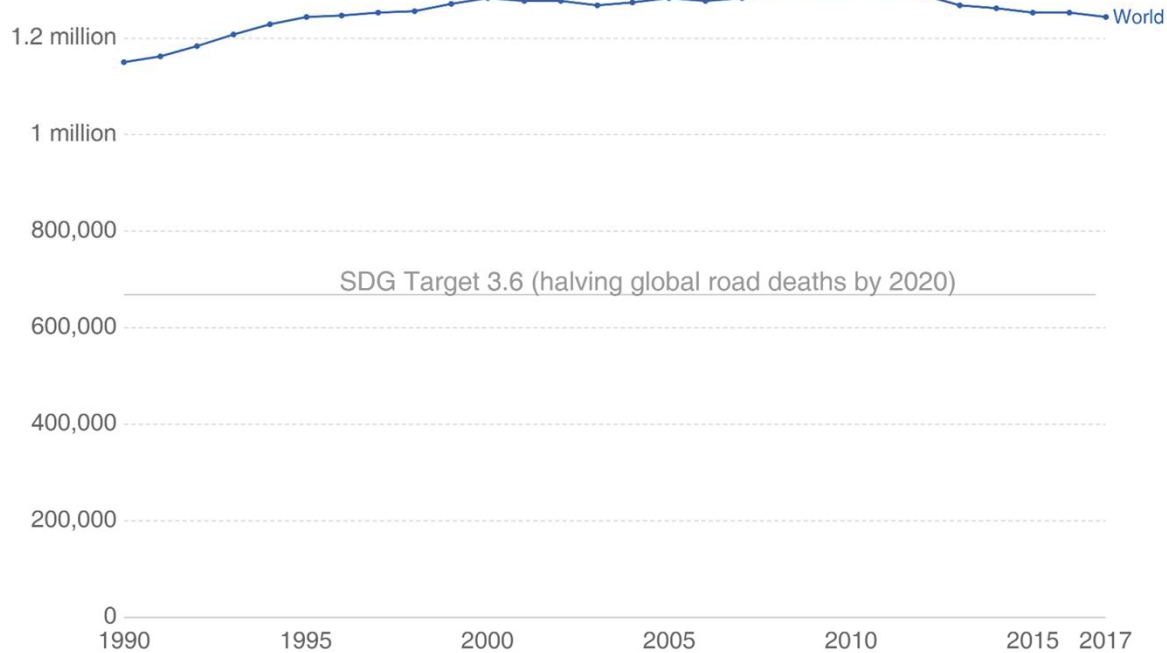
### Indicators

- Death rate due to road traffic injuries

<https://sustainabledevelopment.un.org/sdg3>

## Road traffic deaths

Total number of deaths from road traffic incidents, including vehicle drivers or passengers, motorcyclists, cyclists and pedestrians. SDG Target 3.6 is to halve the global number of deaths from road incidents by 2020 (from 2010 levels).



Source: IHME, Global Burden of Disease

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- Not on track at all for a 2020 goal (or any)
- Increased slightly



## 3.7

### Target

- By 2030, ensure **universal access to sexual and reproductive health-care services**, including for family planning, information and education, and the integration of reproductive health into national strategies and programmes

### Indicators

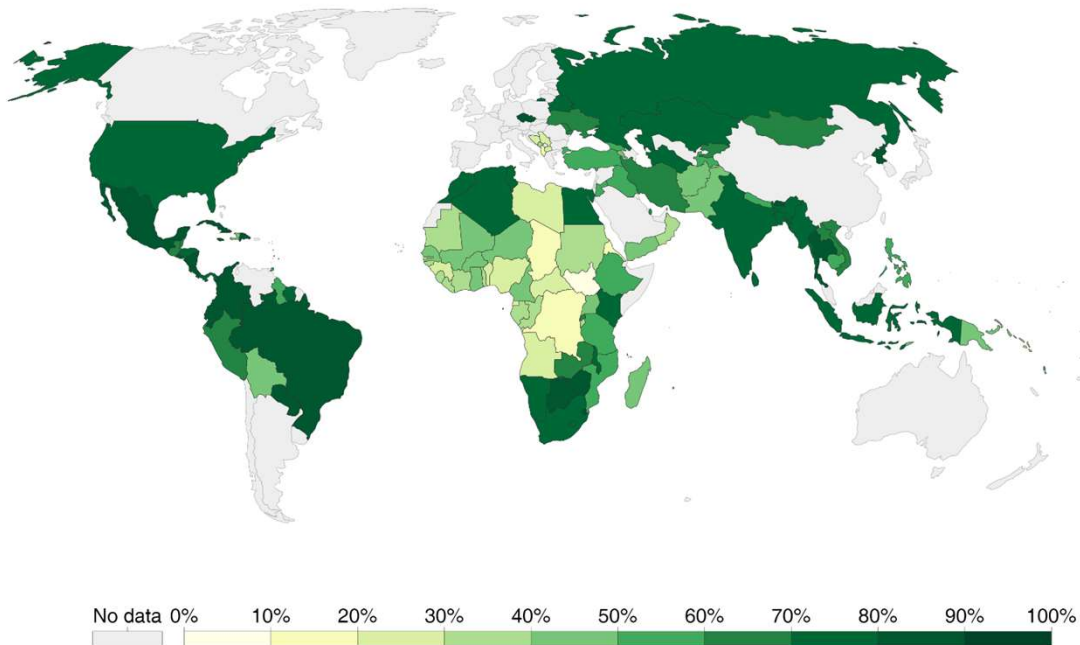
- Proportion of women of reproductive age (aged 15-49 years) who have their **need for family planning satisfied** with modern methods
- **Adolescent birth rate** (aged 10-14 years; aged 15-19 years) per 1,000 women in that age group

<https://sustainabledevelopment.un.org/sdg3>

## Demand for family planning satisfied by modern methods, 2017

The percentage of married women ages 15-49 years whose need for family planning is satisfied with modern methods.

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in Data



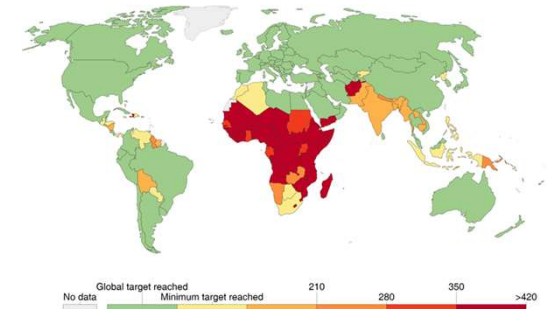
Source: World Bank

- Inversely correlated with maternal death rates
  - In 2008, contraceptive use averted approximately 44% of maternal deaths around the world
  - Less unsafe abortions- a leading cause of global maternal deaths
- Family planning means more control, access to healthcare, less complications

## Maternal mortality ratio, 2015

Maternal mortality ratio is the number of women who die from pregnancy-related causes while pregnant or within 42 days of pregnancy termination per 100,000 live births. SDG Target 3.1 is to reduce global maternal deaths to less than 70 per 100,000 live births and all countries less than 140 per 100,000 live births.

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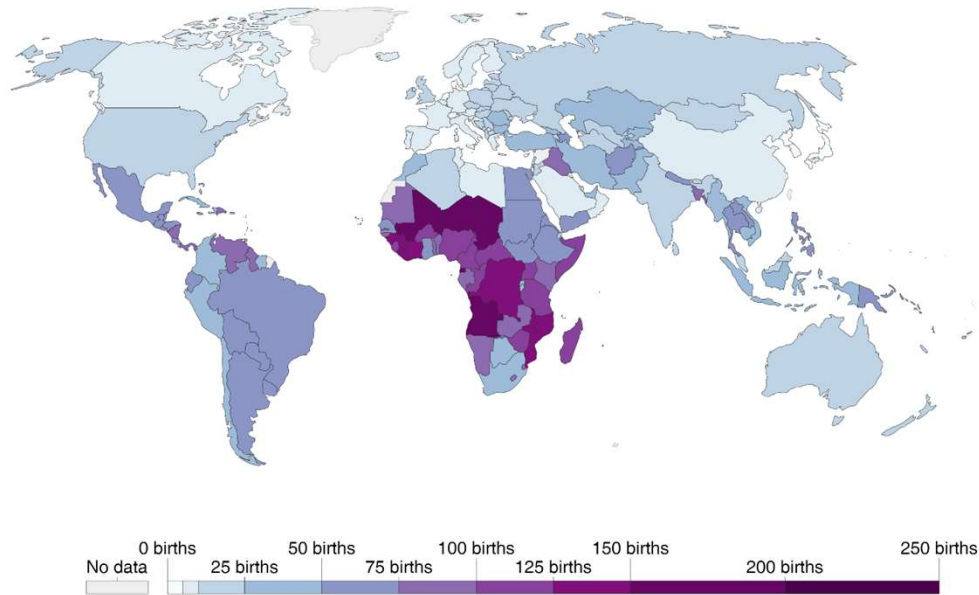
Source: World Bank

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<https://www.mhtf.org/topics/family-planning-maternal-health/>

## Adolescent birth rate per 1,000 women aged 15-19, 2016

Adolescent fertility rate is the number of births per 1,000 women aged 15-19.



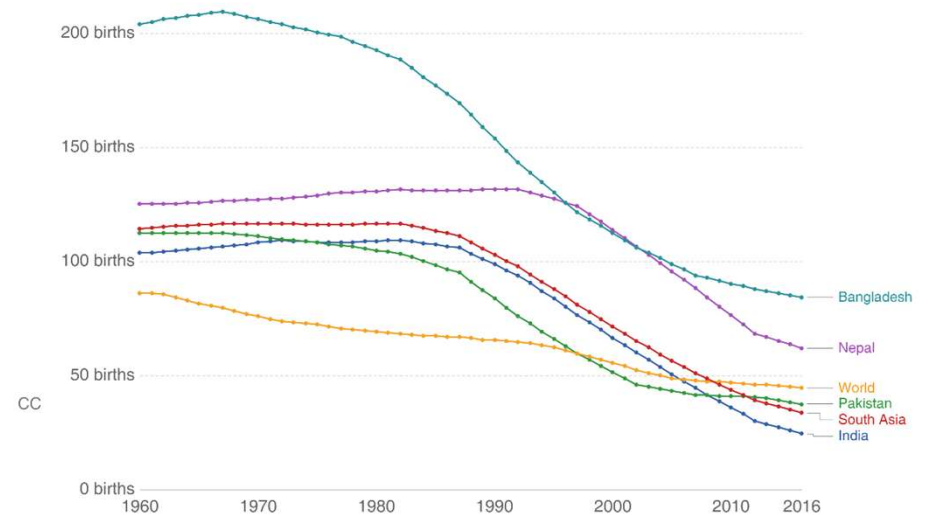
Source: World Bank

Our World in Data

- Associated with family planning, access to contraceptives
- Marked decrease from about 90 of 1000 in 1960 to less than 50 in 2016 worldwide

## Adolescent birth rate per 1,000 women aged 15-19

Adolescent fertility rate is the number of births per 1,000 women aged 15-19.



Source: World Bank

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# Global Outlook on Teenage Pregnancy

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**Leading cause of death for 15-19 year-old girls globally is complications from pregnancy and childbirth**

Adolescent mothers (ages 10–19 years) face higher risks of eclampsia, puerperal endometritis, and systemic infections than women aged 20 to 24 years, and babies of adolescent mothers face higher risks of low birth weight, preterm delivery and severe neonatal conditions

## Least Developed

- At least 39% of girls marry before they are 18 years of age and 12% before the age of 15
- Motherhood is valued and marriage or union and childbearing may be the best of the limited options available

## Developing

- At least 10 million unintended pregnancies occur each year among adolescent girls aged 15-19 years in developing regions
- Low and middle income countries account for 99% of global maternal deaths of women aged 15–49 years

## Developed

- More likely to occur in marginalized communities, commonly driven by poverty and lack of education and employment opportunities



## 3.8

### Target

- Achieve **universal health coverage**, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all

### Indicators

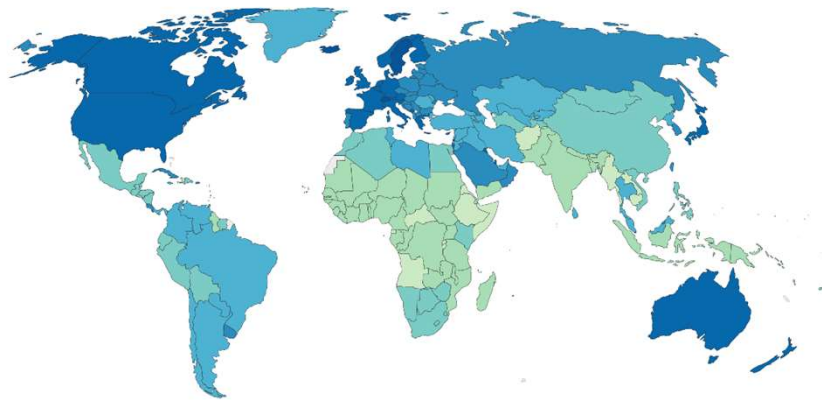
- **Coverage of essential health services** (defined as the average coverage of essential services based on tracer interventions that include reproductive, maternal, newborn and child health, infectious diseases, non-communicable diseases and service capacity and access, among the general and the most disadvantaged population)
- Proportion of population with **large household expenditures on health** as a share of total household expenditure or income

<https://sustainabledevelopment.un.org/sdg3>



## Healthcare Access and Quality Index, 1990

The Healthcare Access and Quality (HAQ) Index is measured on a scale from 0 (worst) to 100 (best) based on death rates from 32 causes of death that could be avoided by timely and effective medical care (also known as 'amenable mortality').

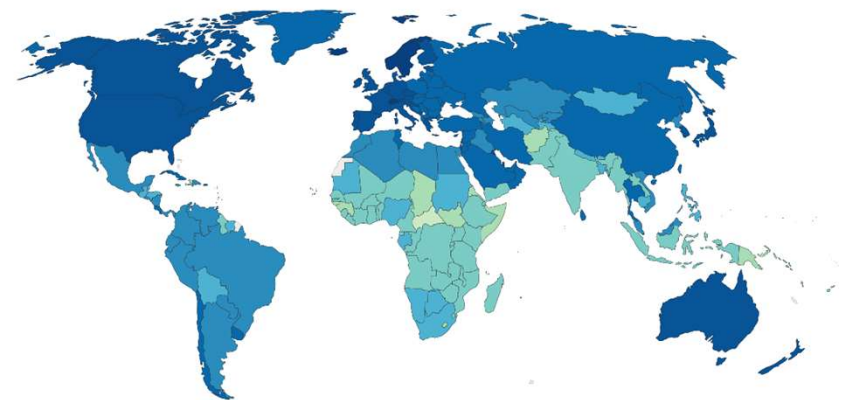


Source: Institute for Health Metrics and Evaluation (2017)

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Source: Institute for Health Metrics and Evaluation (2017)

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- Point scale from 0 to 100 based on death rates that could have been prevented
- In 1990 it was 40.70 and in 2015 it was 53.70, improvements worldwide



## 3.9

### Target

- By 2030, substantially reduce the number of deaths and illnesses from **hazardous chemicals and air, water and soil pollution and contamination**

### Indicators

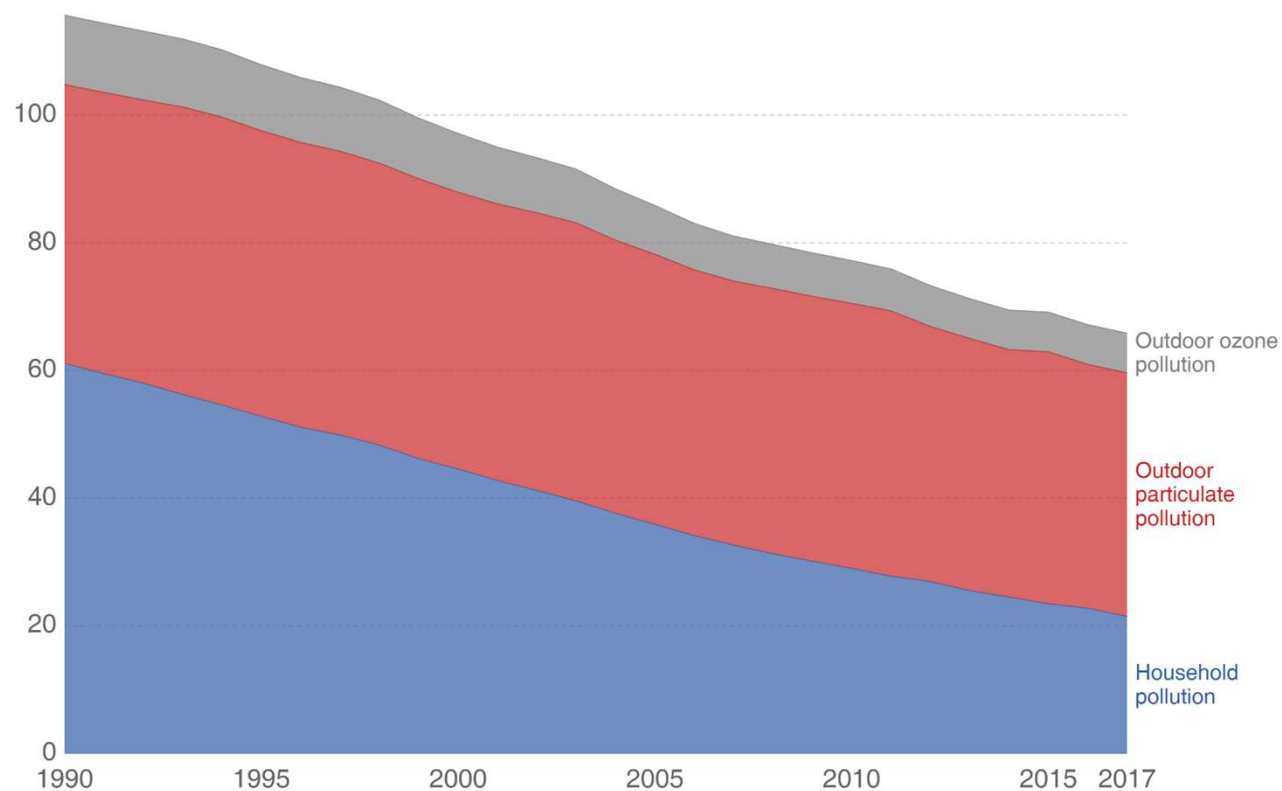
- Mortality rate attributed to **household and ambient air pollution**
- Mortality rate attributed to **unsafe water, unsafe sanitation and lack of hygiene** (exposure to unsafe Water, Sanitation and Hygiene for All (WASH) services)
- Mortality rate attributed to **unintentional poisoning**

<https://sustainabledevelopment.un.org/sdg3>

## Death rates from air pollution, World

Age-standardized death rates from outdoor ozone, particulates, and indoor fuel pollution per 100,000 individuals.

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in Data



Source: IHME, Global Burden of Disease

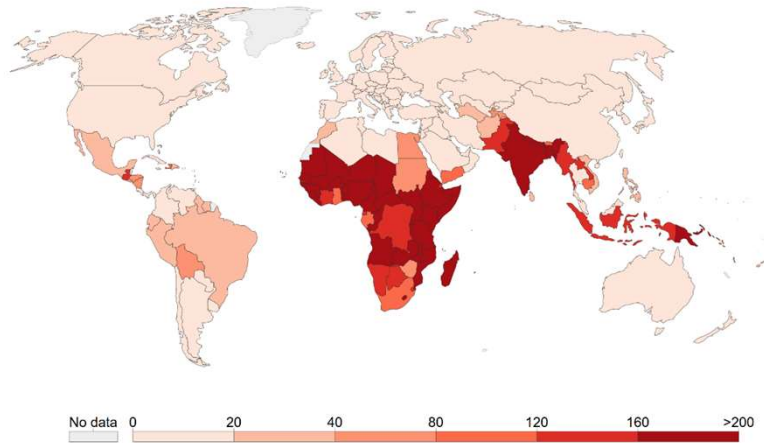
OurWorldInData.org/air-pollution/ • CC BY

- Decreases in household air pollution deaths from increased understanding
- Outdoor has remained constant as pollution continues to increase

### Mortality rate attributable to unsafe water, sanitation, and hygiene (WASH), 1990



Age-standardized death rate attributed to unsafe water, sanitation or lack of hygiene (WASH), measured as the number of deaths per 100,000 people of a given population.



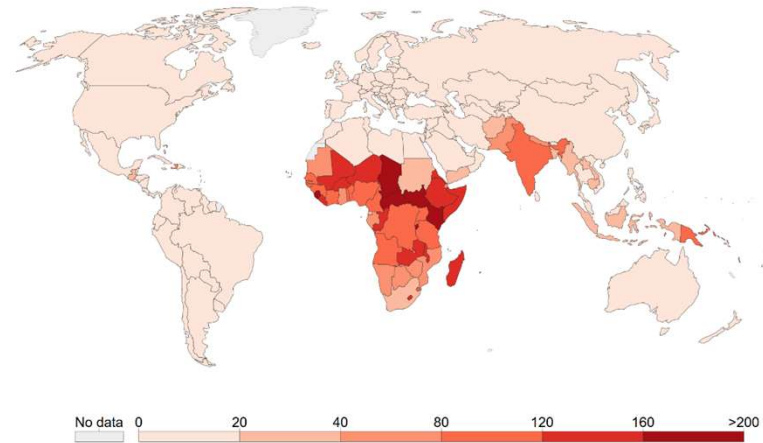
Source: IHME, Global Burden of Disease

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### Mortality rate attributable to unsafe water, sanitation, and hygiene (WASH), 2016



Age-standardized death rate attributed to unsafe water, sanitation or lack of hygiene (WASH), measured as the number of deaths per 100,000 people of a given population.



Source: IHME, Global Burden of Disease

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Improvements overall- looking at death rate attributed to unsafe water, sanitation, or lack of hygiene



## 3.A

### Target

- Strengthen the implementation of the World Health Organization Framework Convention on **Tobacco Control** in all countries, as appropriate

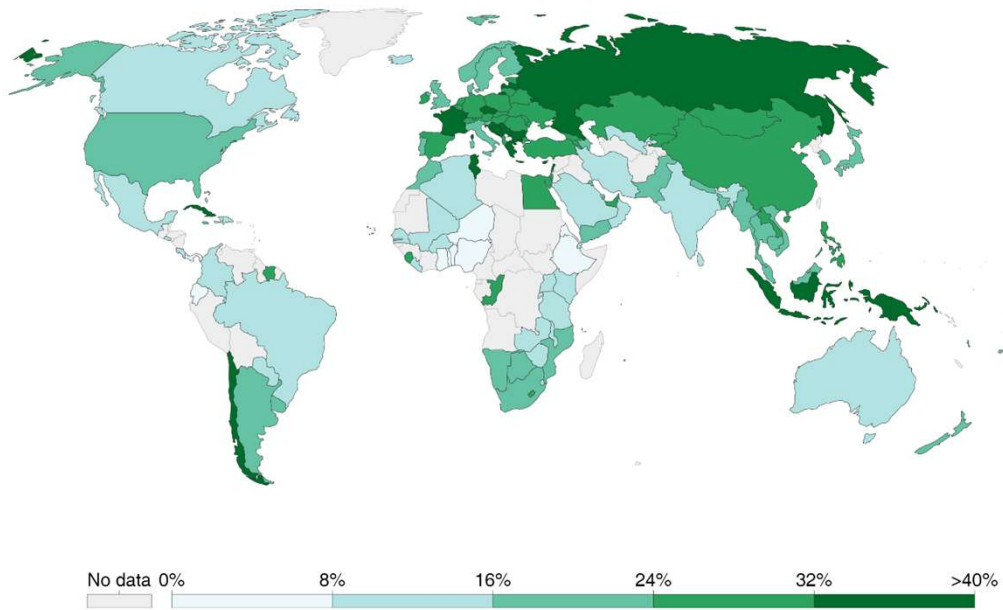
### Indicators

- Age-standardized **prevalence of current tobacco use** among persons aged 15 years and older

## Prevalence of tobacco use among adults, 2015

Share of the population aged 15 years or older who smoke tobacco daily.

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in Data



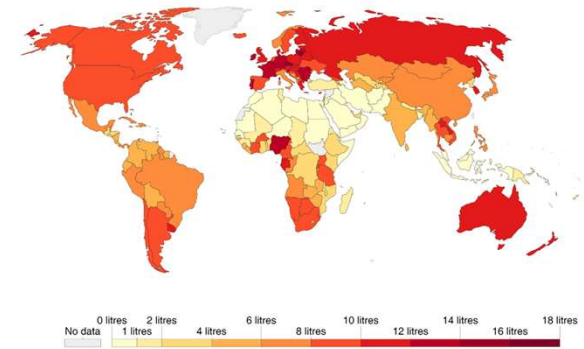
Source: United Nations Statistics Division

## Similar to drinking

### Alcohol consumption per person, 2016

Consumption of alcohol is measured in litres of pure alcohol per person aged 15 or older.

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Source: World Bank

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# Vaping- The New Smoking

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E-cigs most likely expose users to less chemicals than traditional cigarettes (cigarettes contain 7,000 chemicals with many toxic, but it is unknown exactly what chemicals are in vapes)

As of January 21, 2020, there have been 60 deaths in patients with e-cigarette, or vaping, product use associated lung injury (EVALI)

- Predominantly affect people who modify their vaping devices or use black market modified e-liquids
- Products containing tetrahydrocannabinol (THC)
- Vitamin E acetate is a thickening agent often used in THC vaping products, and it was found in all lung fluid samples of EVALI patients examined by the CDC

Nicotine is in tobacco cigarettes and e-cigarretes, which increases likelihood of having a heart attack and is addictive. People have tended to switch between the two once they have started one

E-cigarette use among high school students had increased by 900%, likely that most would not have picked up any smoking habit

The lack of smoke and no smell reduce the stigma and make it more attractive



ecigaretterevuewed.com



## 3.B

### Target

- Support the research and development of **vaccines and medicines** for the communicable and non-communicable diseases that primarily affect developing countries, provide access to affordable essential medicines and vaccines, in accordance with the Doha Declaration on the TRIPS Agreement and Public Health, which affirms the right of developing countries to use to the full the provisions in the Agreement on Trade-Related Aspects of Intellectual Property Rights regarding flexibilities to protect public health, and, in particular, provide access to medicines for all

### Indicators

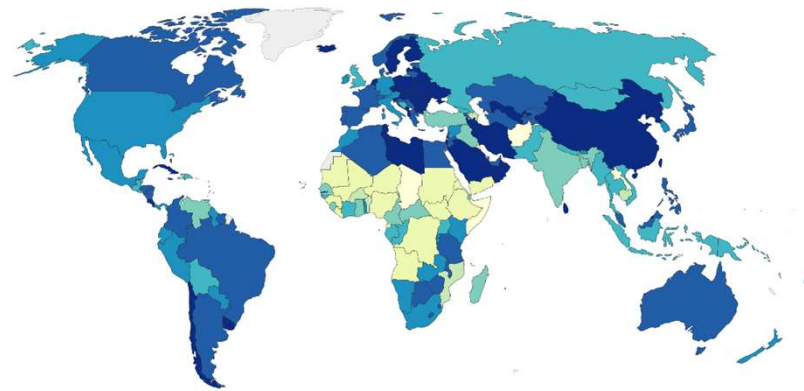
- Proportion of the population with **access to affordable medicines and vaccines** on a sustainable basis
- Total net official **development assistance** to medical research and basic health sectors

<https://sustainabledevelopment.un.org/sdg3>



### Share of children who receive key vaccines in target populations, 1990

Share of children of the relevant age category who receive the seven key vaccines, conditional on inclusion in national vaccine schedules. The eight vaccines include DPT3, measles, polio, Hep3B, Haemophilus influenzae type b, pneumococcal conjugate vaccine, and rotavirus vaccine.

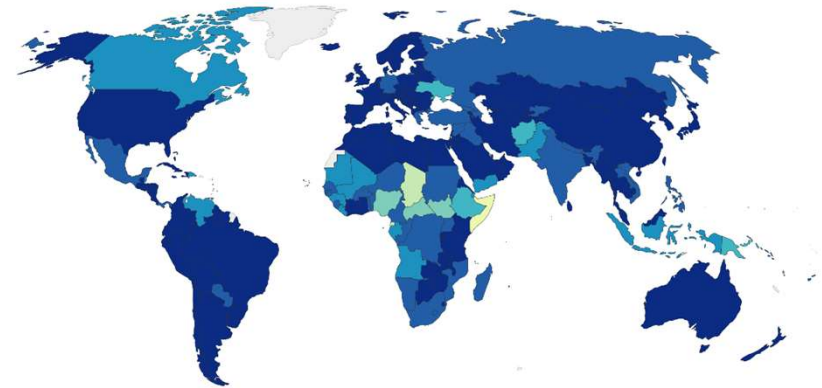


Source: Institute of Health Metrics & Evaluation (IHME)

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Share of children of the relevant age category who receive the seven key vaccines, conditional on inclusion in national vaccine schedules. The eight vaccines include DPT3, measles, polio, Hep3B, Haemophilus influenzae type b, pneumococcal conjugate vaccine, and rotavirus vaccine.



Source: Institute of Health Metrics & Evaluation (IHME)

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- Increase in the entire world
- Vaccines included are DPT3, measles, polio, Hep3B, Haemophilus influenza type b, pneumococcal conjugate vaccine, rotavirus vaccine

# Chinese Coronavirus (2019-nCov)

Originated in Wuhan, Hubei Province of China with link to a large seafood and animal market, suggesting animal-to-person spread

- Other similar spreads were MERS and SARS

Respiratory illness, spread mainly via respiratory droplets produced when an infected person coughs or sneezes

Have been reports of spread from an infected patient with no symptoms to a close contact

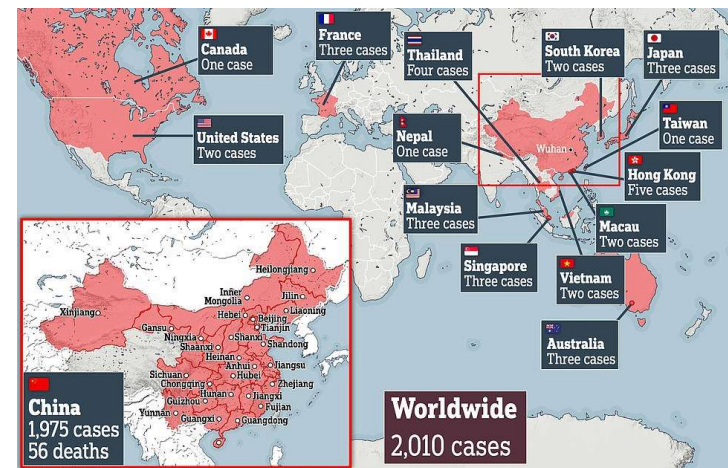
No vaccine or cure, only attempt to prevent infection

Nearly 500 people in China have died from the virus, thousands contracting each day

In the US, 12 people have been positively diagnosed (as of February 5<sup>th</sup>)

CDC has developed a real time Reverse Transcription-Polymerase Chain Reaction (rRT-PCR) test that can diagnose 2019-nCoV in respiratory and serum samples from clinical specimens

- As of February 5<sup>th</sup>, can send out test kits



<https://www.dailymail.co.uk/news/article-7929657/Nurse-treating-coronavirus-sufferers-China-claims-90-000-people-infected.html>

Outdated, as of January 25<sup>th</sup>

<https://www.nytimes.com/2020/02/05/world/asia/coronavirus-china.html>

<https://www.cdc.gov/coronavirus/2019-ncov/about/index.html>

# Circumcision Prevents HIV

Reduces female-to-male sexual transmission of HIV by 60%

More voluntary acceptance in Africa because of history with tribes

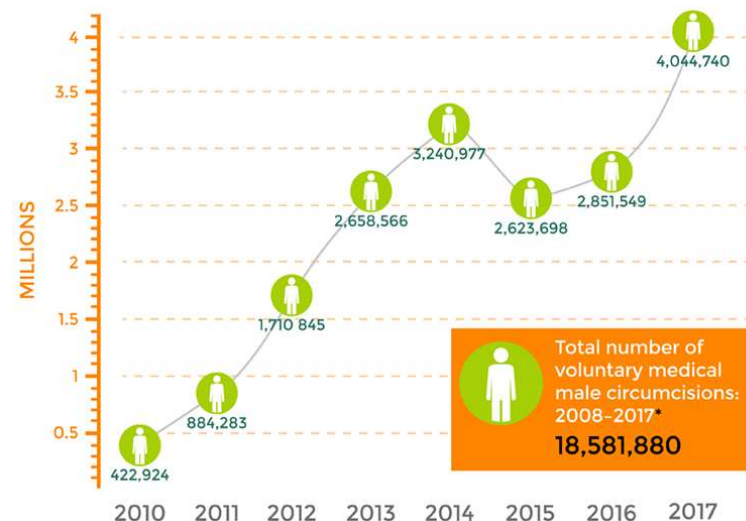
Cost-effective

Comparison:

- After the US spent \$1.4 billion in 15 years promoting abstinence before marriage as a way of preventing HIV in 14 countries in sub-Saharan Africa, study found efforts made no difference
  - <https://www.scientificamerican.com/article/u-s-anti-aids-abstinence-efforts-in-africa-fail-to-prevent-hiv/>
- Condom distribution played a key role in declining HIV incidence in 2000-2008, but consistency use has been problematic. “Majority of women are generally unable to negotiate consistent male or female condom use which is largely dependent on male partner co-operation”
  - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4893541/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5422680/>

Voluntary medical male circumcision (VMMC) for HIV prevention in the 14 UNAIDS and WHO priority countries\*\*



\*Calendar years 2008 and 2009 are included in total numbers.

\*\*UNAIDS and WHO 14 priority countries: Botswana, Eswatini, Ethiopia, Kenya, Lesotho, Malawi, Mozambique, Namibia, Rwanda, South Africa, Tanzania, Uganda, Zambia, Zimbabwe

Source: Global AIDS Monitoring, national programmes, UNAIDS/UNICEF/WHO.

Avert) [www.avert.org](http://www.avert.org)

# Doctors Without Borders

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Bring doctors to the most underserved areas

Independent, impartial, neutral

Emergency response

Owned, shared, and run by its members

Nearly 60 countries

People threatened by violence, neglect, or catastrophe, primarily due to armed conflict, epidemics, malnutrition, exclusion from health care, or natural disasters.



<https://www.doctorswithoutborders.org/who-we-are/how-we-work>

# UNU and UTD Wastewater Management

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UNU: brought together international experts and local stakeholders to co-design sustainable wastewater treatment and management systems for communities in Guatemala and Mexico

- Rural regions have alleviated agricultural water shortages by using wastewater for irrigation
- Has had a number of negative environmental, sanitary, and social impacts such as cholera outbreaks and accumulation of heavy metals in the soil

UTD: Dr. Jillian Duquaine-Watson led study abroad programs helping build small-scale, natural water treatment processes in Costa Rica

- biodigester: a structure of tanks, bags and tubes that converts human and animal waste into methane that can be used for energy, and purifies the water for fields, plumbing, or with boiling, drinking water



<https://ourworld.unu.edu/en/from-waste-to-resource-sustainable-wastewater-management-in-latin-america>

# Ted Talk

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Economic Perspective and Insights for AIDS in Africa:

[https://www.ted.com/talks/emily\\_oster\\_flips\\_our\\_thinking\\_on\\_aids\\_in\\_africa?language=en#t-232795](https://www.ted.com/talks/emily_oster_flips_our_thinking_on_aids_in_africa?language=en#t-232795)